## How to Receive Reimbursement for Your Fitness Device

HealthTrust wants to help you get moving! Beginning in 2017, medically covered enrollees, retirees and spouses\* can receive up to \$100 per year reimbursement toward the cost of a fitness device through the Slice of Life Health Awareness Program (HAP). Here's how to get your reimbursement.

- **Complete your 2017 Health Assessment (HA)** if you haven't already. You cannot receive your HAP reimbursement unless you complete the HA prior to or within the same quarter as connecting your device.
- Purchase your fitness device 1/1/17 or later. See the list on the back of this flyer to be sure the device you are considering qualifies for a reimbursement.
- Connect your device to your Onlife Health account within 2 calendar months of purchase. To connect your device:

| STEP 1   | STEP 2  | STEP 3  | STEP 4   | STEP 5  | STEP 6   |
|--|---|---|--|---|--|
| Log in to your secure account at www.healthtrustnh.org and click the "Onlife Health" button.  SECURE LOGIN  Onlife | Click "Add/ Remove" under "Connected Devices and Apps." | Click "Get Started" under "Got A Device?" If this is your first time connecting, you will see a video that provides additional details. | Read the<br>Terms &<br>Conditions<br>and click<br>"I Accept"<br>to continue. | Continue to the "Browse and Connect Apps" page. Find your device or app and click "Connect," then follow the prompts. | Look for "Connected." You will know you have success- fully connected your device when you see "Connected" on the icon for your device and your activity appears on the "My Fitness" page. |

• Submit the Health Awareness Program Reimbursement Request Form 2017, available at www.healthtrustnh.org. (Click the "Forms and Documents" link.) Be sure to include your receipt for your fitness device purchase, and follow the directions on the form carefully to submit it.

**Earn Points, Too!** You can also earn points toward cash rewards through the Slice of Life Points Program by connecting your fitness device. Earn 100 points once a year for connecting your mobile fitness device to your Onlife Health account. After your device is connected, your activity will be tracked automatically and you will earn 5 points for every 10,000 steps you take or every 30 minutes of activity you do, up to 65 times/quarter for a total of up to 325 points/ quarter or 1300 points/year.

\*Please note: Covered dependents under age 26 are not eligible to receive reimbursement for fitness devices through the HAP. They can each earn up to \$200 for eligible health and fitness classes, once the enrollee parent completes the 2017 HA.

## Examples of Eligible Fitness Devices

| BRAND NAME  | ELIGIBLE MODELS*   |
|-------------|--|
| Adidas      | Smart Run Watch, Speed Cell, Fit Smart   |
| Apple Watch | Apple Watch  |
| Fitbit      | Alta, Blaze, Charge, Charge 2, Charge HR, Flex, Force, Surge, One, Ultra, Zip  |
| Fitbug      | Air, Go, Orb   |
| Fitlinxx    | Actiped, Pebble, Pebble Plus   |
| Garmin      |  |
| Edge        | 1000, 200, 205, 305, 500, 510, 605, 705,800,810,<br>Touring, Touring Plus  |
| Fenix       | Fenix, Fenix 2, Fenix 3  |
| Forerunner  | 10, 101, 110, 15, 201, 205, 210, 220, 25, 301, 305, 310XT, 405, 405CX, 410, 50, 610, 620, 910XT, 920XT, FR60, FR70   |
| Swim        | Garmin Swim  |
| Tactix      | Garmin Tactix  |
| Vivofit     | Vivofit , Vivofit 2, Vivoactive, Vivosmart, Vivoki   |
| iHealth     | iHealth Wireless Activity & Sleep Tracker  |
| Jawbone     | UP, UP2, UP3, UP4, UP24, Upmove  |
| Microsoft   | Band, Band 2   |
| Misfit      | Shine, Shine 2, Flash, Ray   |
| Suunto      | Ambit3 Run, Ambit3 Sport, Ambit3 Peak, Ambit2,<br>Ambit2 S, Ambit 2 R, Ambit Quest, Ambit MS,<br>Traverse, Vector  |
| Sync        | Distance All Day Activity Tracker, Burn Fitness Band,<br>Calorie All Day Activity Tracker, Elite All Day Activity<br>Tracker, GPS+ HR Watch, GPS Watch, Step All Day<br>Activity Tracker |
| Withings    | Activite, Activite Pop, Pulse Activity Tracker   |

<sup>\*</sup>For a more detailed list that is updated as new devices become available, log in to your secure account at www.healthtrustnh.org, click "Onlife Health," then, at the Onlife Health site, click on the menu button, scroll down and click on the HealthTrust link. You will find the Onlife Fitness Device and App List under "Helpful Links" on the right side of the page.