

Retiree Resources

RETIREE EDUCATION SERIES

Google “retirement” and you’ll find a variety of resources on the Internet. Our experts at HealthTrust have selected the most helpful links and provided phone numbers for you here.

- **[Medicare Getting Started:](#)** Learn about Medicare basics in this easy question-and-answer format brochure, **800.633.4227**
- **[Medicare and You 2025:](#)** The official U.S. government Medicare handbook, **800.633.4227**
- **[Social Security Retirement Benefits:](#)** Basic information about Social Security retirement benefits, **800.772.1213**
- **[NH Aging and Disability Resource Centers \(ADRC\):](#)** Information, support, and referrals for adults who are aging, **866.634.9412**
- **[New Hampshire Retirement System \(NHRS\):](#)** Retirement benefits for the state’s public employees, teachers, police officers, and firefighters, **877.600.0158**
- **[AARP New Hampshire:](#)** Information and events for NH residents age 50 and older, **888.687.2277**
- **[Anthem:](#)** Learn about Medicare with Anthem’s educational videos and articles

[Retiree Information 2025:](#) Watch HealthTrust’s educational **[video](#)** for early retirees and Medicare eligible retirees

CONTACT US ANY TIME



Retiree health coverage can be overwhelming, but HealthTrust is here to help. Our Enrollee Services Representatives are available to answer your questions Monday through Friday, 8:30 am to 4:30 pm, at **800.527.5001** or **enrolleeservices@healthtrustnh.org**.

