



# Healthcare Flexible Spending Account (FSA)

## Physician's Statement of Medical Necessity

### — FOR ENROLLEE —

FSA Participant's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Employer: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

### — FOR PHYSICIAN —

*Please complete all sections below.*

**Condition Being Treated:** \_\_\_\_\_

*(Check and complete as appropriate)*

☐ **Massage Therapy**

Frequency of Treatment: \_\_\_\_\_ per week / month / year  
*(insert no.)*

Duration of Treatment: \_\_\_\_\_ weeks / months / years  
*(insert no.)*

☐ **Vitamins/Supplements**

List those considered medically necessary: \_\_\_\_\_

Duration of Treatment: \_\_\_\_\_ weeks / months / years  
*(insert no.)*

☐ **Other**

Description of Treatment: \_\_\_\_\_

Duration of Treatment: \_\_\_\_\_ weeks / months / years

I certify that the above-noted treatment is being prescribed to cure, alleviate or mitigate the medical condition listed above and that it is medically necessary. I understand that, per IRS rules, a Healthcare FSA may not be used for general health but only to treat an existing disease or condition.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Practice Name

\_\_\_\_\_  
Practice Address

Please email this completed statement to HealthTrust at [fsa@healthtrustnh.org](mailto:fsa@healthtrustnh.org). Alternatively, it may be faxed to HealthTrust at 603.415.3099 or mailed to PO Box 617, Concord, NH 03302-0617.

**NOTE:** Submission of this form **does not** guarantee FSA reimbursement.